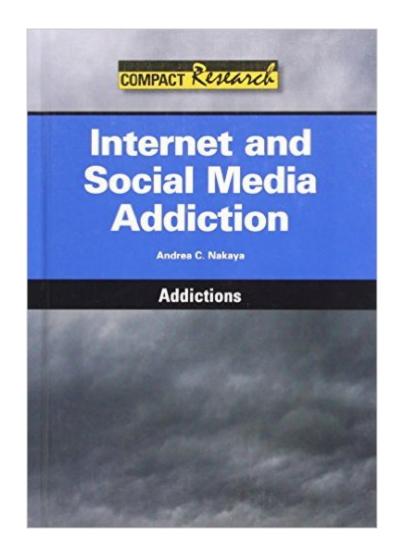
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# Internet And Social Media Addiction (Compact Research: Addictions)





## Synopsis

Researchers believe that between one and eight percent of people who use the Internet become addicted to it. Through objective overviews, primary sources, and full-color illustrations this title examines: Is Internet and Social Media Addiction a Serious Problem? What Causes Online Addiction? How Do Online Addictions Affect Health and Well-Being? and How Can People Overcome Internet and Social Media Addiction?

### **Book Information**

Series: Compact Research: Addictions Hardcover: 96 pages Publisher: Referencepoint Press (January 1, 2015) Language: English ISBN-10: 1601527608 ISBN-13: 978-1601527608 Product Dimensions: 9.3 x 6.7 x 0.5 inches Shipping Weight: 14.9 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #3,238,559 in Books (See Top 100 in Books) #46 in Books > Teens > Education & Reference > Science & Technology > Computers > Internet #903 in Books > Teens > Hobbies & Games #3419 in Books > Teens > Social Issues

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